"Optimist OPTICS"

"Here's News 4 U - We Help Kids"

OPTIMISTES- INSPIRER LE MEILLEUR CHEZ LES JEUNES

OPTIMISTS- BRINGING OUT THE BEST IN KIDS

Mark Hackert - President

This Week's Program	Next Week's Program
Jan 23rd, 2013 **Meagan Rideout - Rockin River City Ride 2013**	**Feb 13th, 2013** **TBD**

President Hackert rang the bell at 12:10 on this sunny day in January and had Jeff Olsen deliver the invocation today to a nice crowd of Optimists! Returnees for the day included Ron Eberhart who finally found his way back home from Ireland, Ann Pendley (always great to see Ann!), Bob Shetler, Tim "Who" Deisher and some others I probably missed. The only guest we had today was Justin from Donaldson Capital. I think Justin has been with us a few times now, hope we can get him on as a member as he would be a great addition to our club.

Announcements:

- Board Meeting next Tuesday at the YWCA on Second Street, Noon, January 15th, everyone is welcome. Great food, great discussion!!!
- The Quarterly District Optimist Meeting is January 25th and 26th in Terre Haute, IN. See Mark for more details.

Sunshine Report-Don did not have anything to report other than he wants members to let him know if someone is ill or needs some help, he cannot report news without our input!

Sarge John Campbell was up to his usual tricks today and collected conscious money from Mark (proud grandparent), Gary, Ann, Ron, and Don. Ron and Rick Roop won the jars of peanuts today for buddy prizes. Sarge blanked everyone on questions today, somebody needs to give him an easier book!!

Sally Olsen introduced our speaker today, Mrs. Deena Laska-Lewis from the Children's Center for Dance. Mrs. Lewis is originally from Connecticut and moved to Indiana when she was 9 years old. In addition to running the Children's Center for Dance she is an instructor at USI and numerous organizations around the community. The Children's Center for Dance was founded by Mrs. Lewis 18 years ago and currently half of the children are on scholarships. Mrs. Lewis enlightened us on how dancing is not only great exercise, but helps your anxiety, develops balance/coordination, focus, improves posture, higher peak bones mass, stimulates circulation, increases Serotonin and helps you use every part of the brain. Just recently a new dance floor was put in at Joshua Academy to further enrich the children's talents. Mrs. Lewis had everyone do a dance exercise with our arms and feet at the end of her presentation and it was something neat to do for a change.

Great program Sally!!!

See everyone in two weeks!!!
Dan Phillips

Ed Harrison Memorial Golf Scramble

Financial Support for:

YMCA Camp Carson

Santa Clothes Club

Optimist Club of Evansville - Downtown, Inc.

Meetings: 2nd and 4th Wednesdays, 11:45am

"New" Old National Bank Building, Downtown, Blue and Gold Room

Mail Club at: P.O. Box 15905 , Evansville, Indiana 47716 - 0905

www.evansvilledowntownoptimist.org

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