

"Optimist OPTICS"

"Helping Kids, Now and for the Future"



Jeff Olson - President

Optimist Club of Evansville - Downtown

This Week's Program

Next Week's Program

May 28th - Tim Ethridge Evansville Courier Editor

Yum!!

June 11th -















Financial Support for



The meeting was **called to order** at 12:10 PM by President Jeff Olson. Mark Hackert graciously filled in at the last moment to give the invocation. The only returnee was Shannon Perry. There was no Sunshine report from Don Julian. Ron Eberhart had no news from USI's club since the students are dismissed for summer. Gary Burk reported that Joshua Academy fifth graders will invite sixth graders to a party at the end of the year. Gary also had a box of chocolate bars to help the school and sold several for \$1 each.

Dr. Bender's medical moment educated us on the Mediterranean diet with its three components:

1) fruits and vegetables 2) beans and nuts -just one handful per day 3) fish

Mediterraneans have a longer life expectancy. They have added 4 T. of olive oil each day to their diet which has reduced their incidence of diabetes.

Sergeant At Arms Shaun Kingston stumped half the room with his trivia question even though it was multiple choice. The world's first postage stamp was introduced in what year? 1840

The other half of the room correctly answered the price of a Burger King hamburger when it opened in 1954: 18 cents.

Buddy prizes were won by Karen Morris and Ken Dennis. Jeff Olson won the 1/2 pot and donated it to the club.

Induction of 2 new members to our club was done by Ron Eberhart who told them they will now live longer being optimists. Please welcome Nichole Folz who is from South Carolina but has lived in Evansville since she was age 12. Also welcome Dr. Frank Amodio, a retired allergist who is originally from Trenton, New Jersey. Mark Hackert sponsored both of these new members.



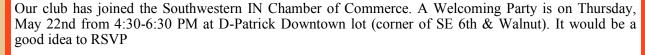


Meetings: 2nd and 4th Wednesdays, 11:45am
Old National Bank Building, Downtown; Blue and Gold Room
Mail Club at: P.O. Box 15905, Evansville, Indiana 47716 - 0905
www.evansvilledowntownoptimist.org
Evansville Downtown Charitable Foundation, Inc.

"Optimist OPTICS"- continued



President Olson said the ONB Golf Give Back Tickets are on sale until June 23rd. You may go on line at www.ulcgolf.com/ to buy them.





The club is in search of officers for next year. So far we have Mark Hackert as Secretary and Todd Wahl as Treasurer. Cheryl Graves and Shannon Perry have agreed to be on the board. Please consider an office for your club.

Dedication of the cabin at Camp Carson will be June 7 at 11 am with lunch afterwards. Please RSVP.



Grave Visitation will be May 24th. Everyone will meet at 7:30 am at BKD to start. After visitations everyone will meet at Golden Corral for breakfast. Outlying work can be done ahead of time to help locate graves. Gary Burk has volunteered as a driver.



Guest speaker today was introduced by Dan Phillips. Heather Williams, Executive Director of Inspiring Autism Spectrum Families (IASF) is also a realtor for F.C. Tucker and the mother of a 15 year old with autism. Heather stressed that autism includes a spectrum and varies from higher functioning Asperger syndrome to those who are completely closed in and nonverbal. The agency was formed 5 years ago and its goal is to help local families contend with this neurological disorder. There are support groups held once a month at the Easter Seals Rehabilitation Center and a quarterly event call Family Fun Night. Their biggest fundraiser is a walk which began 3 years ago. Our mayor has proclaimed April 2nd as World Autism Day and April is National Autism Awareness Month. The agency is working on a voucher program for weighted vests and blankets which have a calming effect on the children. The incidence of autism is now 1 in 68.







President Olson announced that Brian Smith has resigned from the club and adjourned the meeting at 12:56 pm.



Respectfully submitted,

Ed Harrison Memorial Sally Olson

Financial Support for

Golf Scramble

Camp Carson



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