



John Perkins - President

"Optimist OPTICS"

*"Helping Kids, Now and
for the Future"*



Optimist Club of Evansville - Downtown

This Week's Program

Aug 9th - TBA

Next Week's Program

Aug 23rd - TBA



Ed Harrison
Memorial
Golf Scramble

Financial Support

YMCA
Camp Carson



Pres John Perkins rang the bell at 12:20 p.m., and Mike Burk gave a thoughtful invocation. Ken the "Menace" Dennis started the pledge with Promise, oops, I Pledge . . . and yours truly, old man Burk, started the Optimist Creed.

With that all done, Sargent Burk decided to relieve everyone present of a few bucks with his multiple-choice questions. Of the three questions asked, only one was answered correctly. Frank Amodio won the half-pot and graciously gave it back to the club. Thanks Frank!

- The "GOLF SCRAMBLE" will be held on **Sept 20th, Tee-Off at NOON**. We are still in need of a few good bodies to give a hand at the check-in table.
- "CHANGING OF THE GUARD" will be held at the Kennel Club on **SEPTEMBER 27**. It was rumored that Tim Deisher will be doing a skit. Not sure what he will be doing, but a skit usually includes more than one person. I doubt we will see any Muppets.
- The Club is holding another "NOW (New Optimists Welcome) PROGRAM." The program will be held at Ri Ra's on **OCTOBER 11 at NOON**.
- "FUND RAISING" at Mike Burk's house on **OCTOBER 14th**. This is a fun time, even if you don't like to play poker. Some folks drop out quickly, so they can play pool, foosball, air hockey, drink and just have fun with your friends, and maybe meet some new friends. More details to follow regarding the fund-raising effort.

PLEASE PUT ALL THE ABOVE DATES ON YOUR CALENDER NOW. DON'T LET OTHER NON-ESENTIAL LIFE EVENTS GET IN THE WAY OF HELPING KIDS.

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Meetings: 2nd and 4th Wednesdays, 11:45am
Old National Bank Building, Downtown; Blue and Gold Room
Mail Club at: P.O. Box 15905, Evansville, Indiana 47716 - 0905
www.evansvilledowntownoptimist.org
Evansville Downtown Charitable Foundation, Inc.

“Optimist OPTICS” - continued



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Today's speaker was Dr. Frank Amodio. Frank spoke on allergies today, and how some people have allergies and others do not. Hereditary, or disposition, to allergies comes from IGE antibodies to fight allergies. Some folks call various things as allergies, such as food allergies, lactose intolerance, bee stings, allergies to cats and the list goes on. What people are allergic to is the protein. The example Frank gave was a cat cleans themselves by licking the hair on their bodies. It is the protein in their saliva that can cause an allergic reaction. Most allergies can be treated and possibly be tolerated over time. Shell fish and peanut allergies can last a lifetime. To protect yourself from some airborne allergies, wash your hair after being outside. If you do not wash your hair, you will lay on your pillow and transfer the allergies and pollen to it, and then inhale and get the pollen on your skin, in your nostrils and eyes. Frank is very knowledgeable and very entertaining.

President John adjourned the meeting at 12:56 p.m.

Gary Burk



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