

"Optimist OPTICS

"Achieving Our Goals"

Optimist Club of Evansville - Downtown

Michael Burk - President

This Week's Program

Next Week's Program

Sept 11th Ben Trockman

Sept 25th Changing of the Guard—Dilegge's



President Mike Burk rang the Bell at 12:16 p.m. to start his last regular meeting.

There were no returnees today.

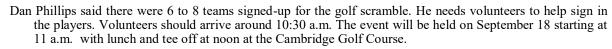
The Invocation, Pledge and Creed was led by Mike.

He welcomed guests; speaker Ben Trockman, nurse Dana Hamilton, and Jim Quehl who was a guest of Dan Phillips.



Announcements:

Changing of the Guard will be held on September 25, at 6 p.m. located at Dilegge's party room next to the restaurant at 607 N. Main Street. Be sure to make your reservations with Rich Hawley at Rich@RJohnLaw.com. The price is approximately \$25. Please make it a point to attend if you can, especially if you have never attended a Changing of the Guard before.



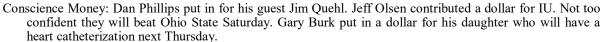
Work will soon begin on Youth Appreciation Week.

Mike said he just realized that this was his final regular meeting. He will be glad to not have to haul the bell, buttons and other paraphyla around. President Elect, Rich Hawley, said he has cleaned his car trunk out to store the club's precious items.

Sunshine Corner: No known illnesses to report.



Half pot: Bob Shetler's name was drawn. Bob is a regular attendee, but missed out today.



No Trivia today.

Since there was no Buddy List this month, Mike selected at random two names to receive the Buddy Prizes; Sally Olsen and Gary Burk were the two lucky winners of Justin's peanut butter filled dark chocolate goodies. Both really needed the goodies.







Ed Harrison Memorial **Golf Scramble**





Meetings: 2nd and 4th Wednesdays, 11:45am Old National Bank Building, Downtown; Blue and Gold Room Mail Club at: P.O. Box 15905, Evansville, Indiana 47716 - 0905 www.evansvilledowntownoptimist.org Evansville Downtown Charitable Foundation, Inc.

"Optimist OPTICS" - continued









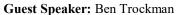






Ed Harrison Memorial Golf Scramble

Financial Support fo



Ben went to Harrison High and USI. He was injured at 17 years of age in a dirt bike accident which left hm immobile from the neck down. He had so many friends around him, but then he was sent to Atlanta for treatment and no friends present. He didn't let this get his spirit down, because he and his mother came up with two rules; "take one day at a time." He said that, "we would allow ourselves 10 minutes a day to feel sorry for ourselves. After that, we have to be positive and productive."

Each year he travels to Baltimore to the Kennedy Krieger Institute for rehabilitation. He spends two weeks for five hours a day treatment.

Ben was impressed with the Optimist Creed. Along with the Creed, he suggested that everyone needs to exercise and get involved in the community and organizations. Ben works with people in local organizations that work with individuals who need therapy. He stated that there are no doctors or therapists to treat children with certain disabilities in the Evansville area. The new YMCA has some new equipment to help with therapy, which he referred to as a mini-clinic. They can provide Occupational Therapy and Physical Therapy. They have equipment to stimulate his muscles in his legs, arms and hands.

Ben is one of the most optimistic speakers who has every spoken to us. If you missed this meeting, you missed a great one.

We did not have a certificate or pen to present Ben, but Mike told him that we would get them to him. Below is a picture of Mike and Ben after the meeting.

After the meeting closed at 1:05 p.m., Dan Phillips announced that his guest Jim Quehl wrote the all-important check to join the club. Good to get another member on the books before the club's yearend.

If you have any prospects, please encourage them to join before September 30, 2019.

President Mike Burk with today's speaker, Ben Trockman.





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