

“Optimist OPTICS” - continued



Ed Harrison
Memorial
Golf Scramble

Financial Support for:

YMCA
Camp Carson

Santa
Clothes Club

Guest Speaker: Ben Trockman

Ben went to Harrison High and USI. He was injured at 17 years of age in a dirt bike accident which left him immobile from the neck down. He had so many friends around him, but then he was sent to Atlanta for treatment and no friends present. He didn't let this get his spirit down, because he and his mother came up with two rules; "take one day at a time." He said that, "we would allow ourselves 10 minutes a day to feel sorry for ourselves. After that, we have to be positive and productive."

Each year he travels to Baltimore to the Kennedy Krieger Institute for rehabilitation. He spends two weeks for five hours a day treatment.

Ben was impressed with the Optimist Creed. Along with the Creed, he suggested that everyone needs to exercise and get involved in the community and organizations. Ben works with people in local organizations that work with individuals who need therapy. He stated that there are no doctors or therapists to treat children with certain disabilities in the Evansville area. The new YMCA has some new equipment to help with therapy, which he referred to as a mini-clinic. They can provide Occupational Therapy and Physical Therapy. They have equipment to stimulate his muscles in his legs, arms and hands.

Ben is one of the most optimistic speakers who has ever spoken to us. If you missed this meeting, you missed a great one.

We did not have a certificate or pen to present Ben, but Mike told him that we would get them to him. Below is a picture of Mike and Ben after the meeting.

After the meeting closed at 1:05 p.m., Dan Phillips announced that his guest Jim Quehl wrote the all-important check to join the club. Good to get another member on the books before the club's yearend.

If you have any prospects, please encourage them to join before September 30, 2019.

President Mike Burk with today's speaker,
Ben Trockman.



Meetings: 2nd and 4th Wednesdays, 11:45am
Old National Bank Building, Downtown; Blue and Gold Room
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Evansville Downtown Charitable Foundation, Inc.