



***"Helping Kids, Now and  
for the Future"***

## Optimist Club of Evansville - Downtown

**Jeff Olson - President**

## This Week's Program

**Nov 13th** - Michael Burk, Vectren  
Tutorial on Basecamp Software

## Next Week's Program

**Nov 27th - TBA**

## Ed Harrison Memorial Golf Scramble

### Financial Support for:



12:07pm. President, Jeff Olson rang the bell and began the meeting. He acknowledged returnee Cheryl Graves. Also, he asked for guests. Ann Pendley introduced our speaker, Dr. John Scott Foster, and his friend, Paul Grindrod. Shaun Kingston had invited a guest; Chris Fitzgerald.

Mark Hackert came forth and provided an invocation, Pledge of Allegiance to our Flag, and Optimist Creed.

**Sarge At Arms:** Shaun Kingston stepped in again this week as Sarg as Michael Burk was unavailable to attend due to business commitments. Numerous members came forth to give conscience money. Ron Eberhart, Mark Hackert, Jeff Olson, Ann Pendley, Sheryl Graves, Dan Phillips, and Gary Burk to name a few.

**Money Matters:** The Half-Pot was won by Gary Burk who donated the money back to the club. Thanks...Gary. Shaun asked two Trivia Questions. No one had the correct answers and had to “pay the piper.” Buddy prizes were won by Cheryl Graves and Don Julian...courtesy of Karen Morris.

**Medical Minute:** Doc Bender spent a few minutes and discussed COPD. Chronic Obstructive Pulmonary Disease is primarily caused by smoking. He suggested that you ask your family doctor for a test to measure your expiration. It should be over 90%. A Spiro meter is used to measure your lungs when you blow into it.

**Sunshine Report:** From our own “Sunshiner”... Don Julian. He mentioned that Cheryl Graves was back at our meeting today and with a new hair color. She said...blondes have more fun, don’t they...she is still waiting. He also reported that John Campbell is having sciatic nerve issues in his back and that’s the reason he has been unable to attend our meetings. Don also reported that John Schuck is residing at River Pointe Health Campus. We miss John’s dry humor.

**Youth Appreciation Week:** Ron updated the group regarding the “placed” students. We have 23 placed and 7 pending and would like to get all students placed this week. Ron also mentioned that he and Shaun Kingston attended the USI meeting on Monday, October 20<sup>th</sup>. They had 26 members attending and used the meeting to discuss their new t-shirt design and other planned activities.

[illegible]

**Meetings: 2nd and 4th Wednesdays, 11:45am**  
**Old National Bank Building, Downtown; Blue and Gold Room**  
**Mail Club at: P.O. Box 15905, Evansville, Indiana 47716 - 0905**  
**[www.evansvilledowntownoptimist.org](http://www.evansvilledowntownoptimist.org)**  
**Evansville Downtown Charitable Foundation, Inc.**

# ***"Optimist OPTICS"- continued***



**Ed Harrison  
Memorial  
Golf Scramble**

Financial Support for:

**YMCA  
Camp Carson**



**Pin Presentation:** Mark Hackert presented a past Lt. Governor's pin to Ron Eberhart. He received the pin at the District Convention last week in Ron's absence.

**Foundation Grants:** Mark Hackert reminded members of the upcoming meeting, next Wednesday, October 30<sup>th</sup> at Payne Wealth Management, 12Noon. We will be reviewing and awarding the grants. All members are invited to attend.

**Golf Gives Back:** Jeff attended the meeting last Wednesday where our club received a check for \$68.60. Jeff reported that several organizations received over \$10,000 and most received checks between \$300 and \$500. He suggested a greater push next year so we can earn more money.

**Membership Challenge** – Jeff called on Shaun to explain his idea for a membership challenge. He said he is developing his idea and will have more details for our next board meeting on November 19<sup>th</sup>.

**District Meeting** – Jeff and Mark both attend the Indiana South District meeting last weekend. Jeff said that the meeting centered on getting new members particularly younger members, the "millennials". They are people who were born after 1980. They have a different lifestyle and are more technically oriented than some of the older generations. We have to use this new technology to reach out to them if we want to attract them into our club. i.e Facebook, Twitter....

**Of Dreams and Deeds** – Gary Burk mentioned that this book written by Bish Thompson, who was a member of our club, is available to read on-line at the Optimist website. This was written for the optimist organization and is highly encouraged reading for all optimists. Go here to read: <http://www.ofdreamsanddeeds.org/>



Ann Pendley introduced our speaker, Dr. John Scott Foster. John is Executive Director of the Wesselman's Woods Nature Preserve. Established in 1972, it was run by the City until 5 years ago when the not-for-profit organization took over its responsibility and operation. John has been Executive Director for the last 3 years.

John had a PowerPoint presentation that discussed how nature can help people be healthier individuals.

His talk centered on kids and how they spend more time inside today, than many of us when we were kids. The technology devices are keeping kids inside instead of being outside running and exploring nature. He said we as parents and grandparents need to make sure they experience nature whether it is in our backyard, a park, or at their nature preserve.

Their mission is to create experiences which connect people with nature and motivate them to lead sustainable lives, and take action to protect wildlife and wild places.

Ron Eberhart, October Newsletter Editor

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